

SAFE & WELL CHECK

It is now well established that the risk factors which increase the vulnerability of an individual to fire are exactly aligned to those which affect a person's health and wellbeing – age, mobility, smoking, alcohol, mental health, living alone etc.

This is the ethos behind TWFRS developing Safe and Well checks (formerly home safety checks) which will incorporate the standard home fire safety check with additional elements around health and wellbeing, focusing on a person centred approach. The Safe and Well check aims to identify all fire and lifestyle associated hazards, in order to reduce the risk of having a fire or an accident in the home.

Tyne and Wear Fire and Rescue Service staff deliver various methods of fire safety education and protection advice and will fit appropriate smoke and heat detection, including specialised smoke and heat detection for the deaf and hard of hearing if required.

Education and advice is always tailored and appropriate to the personal needs and circumstances of the occupier in their home. Tyne and Wear Fire and Rescue Service staff will ensure that all aspects of fire safety and lifestyle risks are covered during the visit, including:

- **Fire escape plans** • **Bedtime routine** • **Smoking safety** • **Candle safety**
- **Kitchen and cooking safety** • **Electrical safety**

We will also offer brief advice and onward referral to the most appropriate partners for smoking cessation, alcohol and substance misuse, dementia, winter warmth, social isolation, hoarding, flu vaccine advice, access to benefits, carers support and crime prevention.



**To request a visit
scan the QR code,
or call Freephone
0800 032 7777**



**Tyne and Wear Fire
and Rescue Service**

